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## I call myself a neurotic, crazy woman

Perizaad Zorabian



She may be a happy, warm young woman you just can't get enough of, yet she can easily be labeled as the multi spirited embodiment of modern day feminism. She's bubbly yet quirky. She is Perizaad Zorabian and she was in Chandigarh recently. Right from an MBA degree to the Lee Strasberg Theatre and Film Institute to heading the marketing division of her family chicken business, Perizaad has done it all. "My mother was very particular that I should be academically strong. So, the MBA was an obvious choice and I was extremely determined to venture into being the alpha woman entrepreneur. But since I loved performing I had never thought it would snowball into a career. Trained in Western classical ballet, Perizaad's film career is often termed as unconventional. Debuting with *Bollywood Calling* and garnering international acclaim with *Joggers' Park*, Perizaad is now a happily married mother to two kids. Says she, "My daughter Zaha has made me a loose canon. When I began I was this hands-on actress who knew it

all, worked too hard, with a prime degree to her credit. Marriage and kids have in a way calmed me as a person. I've slowed down and now I'm more patient. Having said that, Boman my husband, is my mentor, my best friend, my soulmate."

In this diva - esque avatar, yet working round the clock, fitness is in her DNA. "I'm physically very active, but pregnancy threw me off the hook. But within three months I was back. With my crazy schedule I've ignored it a little but it's still something I love."

A few minutes into the conversation and she makes you feel at home. With a delayed flight, and drowned in work, you may expect Perizaad to be a tad high maintenance but she gleefully pours her heart out in the most amicable way, "I call myself a neurotic crazy woman and with a schedule like mine, I'm constantly juggling chicken and kids. I'm on a perpetual guilt trip." No matter how difficult that may sound, Perizaad vows to not have it any other way, "My social calendar is off but I love it."

— Ananta Shrikhand